



The right care when you need it most.

Get the most out of your virtual care benefits



Teladoc:

Care from anywhere

Teladoc provides access to care through your health benefits from anywhere you are. Talk to a U.S. board-certified doctor, therapist or psychiatrist, get an online dermatology review, speak with a nutritionist, or get expert medical advice by phone, video, web or app. We're here for you when you need us. Set up or log in to your account to see what services are covered under your plan.



+7,000

U.S.-licensed, board-certified
doctors



24/7

access to doctors by
phone, video, web or app
from home



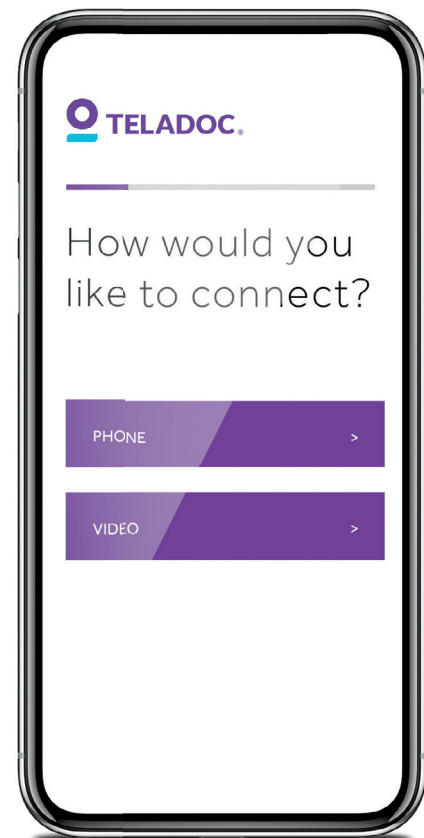
+450

Our experts cover over
450 medical specialties

Set up your Teladoc account in minutes

Access all of your virtual care services from our secure, award-winning app.

- 1 Download the app, go online or call us
- 2 Enter your first and last name, date of birth and ZIP code to get started
- 3 Provide basic information to confirm your benefits
- 4 Select your health provider and finish creating your account
- 5 Schedule a confidential virtual care visit or consult at your convenience





General Medical

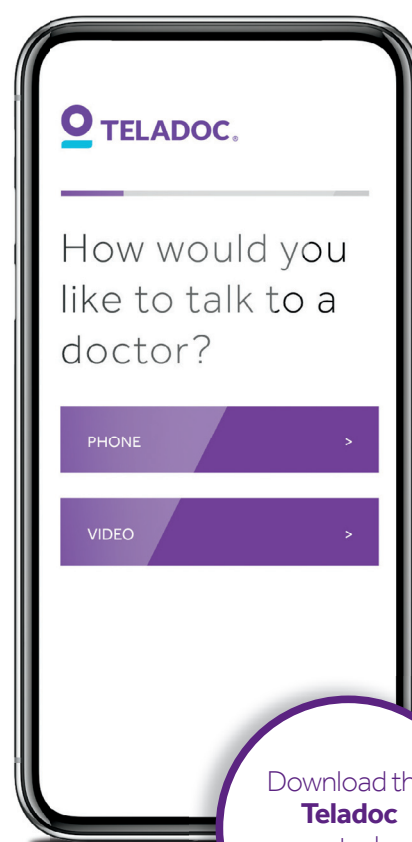
24/7 access to doctors from anywhere

Talk to a U.S.-licensed doctor for non-emergency conditions 24/7 from anywhere you are. We treat:

- Bronchitis
- Flu
- Rashes
- Sinus infections
- Sore throats
- And more

How it works:

- 1 Download the app, go online or call us to set up your account or log in
- 2 Complete or update a brief medical history
- 3 Request a visit and talk to a doctor within minutes



Download the
Teladoc
app today.



Get started today

Download the app | Visit Teladoc.com/Aetna | Call 1-855-TELADOC (835-2362)





Mental Health Care

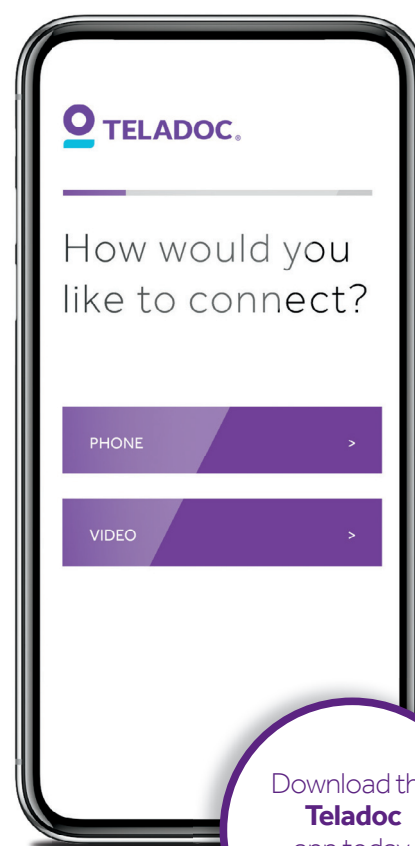
Confidential therapy by phone or video

Talk to a therapist or psychiatrist seven days a week (7 a.m. to 9 p.m. local time) from wherever you are. We treat:

- Anxiety
- Depression
- Not feeling like yourself
- Marital issues
- Stress
- And more

How it works:

- 1 Download the app or go online to set up your account or log in
- 2 Complete a brief mental health questionnaire
- 3 Schedule an appointment with the therapist or psychiatrist of your choosing



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Dermatology

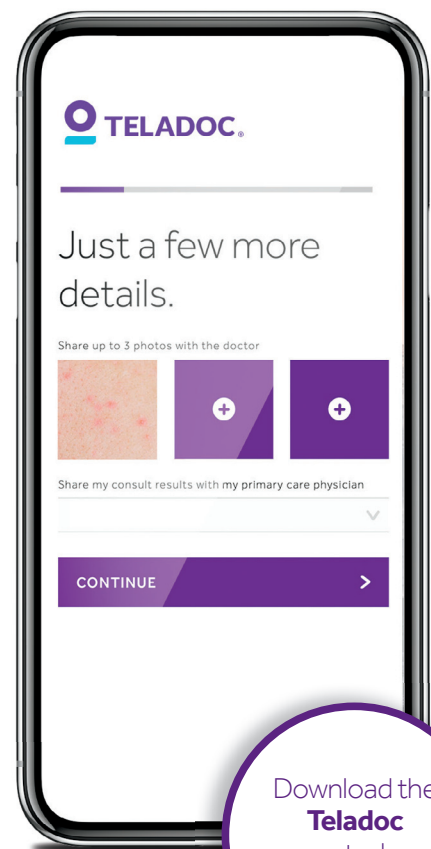
Personalized online reviews for new or ongoing skin issues

Upload images of a skin issue online or on the app and get a custom treatment plan within two days. We treat:

- Acne
- Eczema
- Raised moles
- Rashes
- Rosacea
- And more

How it works:

- 1 Download the app, go online or call us to set up your account or log in
- 2 Complete or update a brief medical history
- 3 Upload images on the app or web and ask questions for up to seven days after you receive your custom diagnosis and treatment plan



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app today.



Get started today

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You've got **Teladoc**



Access to quality care at your fingertips

Everyday Care

\$49 or less / visit

Talk to a licensed doctor for non-emergency conditions 24/7
Flu • Sinus infections • Sore throats • And more

Mental Health Care

\$85 or less / therapist visit

\$190 or less / psychiatrist first visit

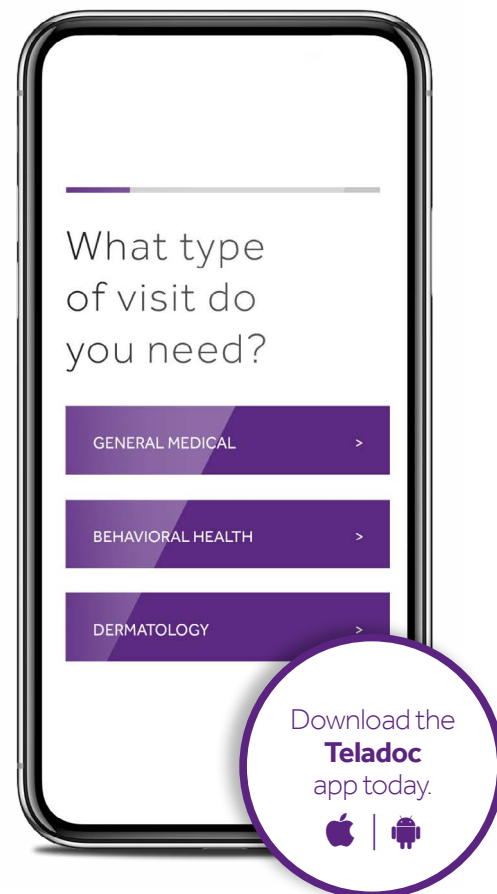
\$95 or less / psychiatrist ongoing visit

Talk to a therapist 7 days a week (7 a.m. to 9 p.m. local time)

Dermatology

\$75 or less / consult

Upload images of a skin issue online and get a custom treatment plan within two days
Eczema • Acne • Rashes • And more



Set up your account or log in today.

Teladoc.com/Aetna | 1-855-TELADOC (835-2362)

Talk to a doctor

by phone or video 24/7



Your Aetna benefit includes Teladoc, 24/7 access to U.S.-licensed doctors for non-emergency conditions like the flu, allergies, rashes, sinus issues and more.

With Teladoc you can:

- Talk to a doctor anytime, anywhere by phone or video
- Get a prescription sent to a pharmacy of your choice when medically necessary
- Save time and money by skipping the ER
- Send your Teladoc visit results to your primary care physician

Talk to a doctor anytime for \$49 or less

Call 1-855-TELADOC (835-2362) | Visit Teladoc.com/Aetna

Download the app

