

## 2025 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every strength or dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

### ASTHMA/COPD

ACCOLATE (zafirlukast)  
ADVAIR HFA  
AIRDUO DIGIHALER  
AIRSUPRA  
albuterol HFA  
albuterol nebulizer solution  
albuterol oral  
ANORO ELLIPTA  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BREO ELLIPTA  
BREZTRI AEROSPHERE  
BROVANA (arformoterol)  
budesonide oral inhalation  
COMBIVENT RESPIMAT  
cromolyn nebulizer solution  
DULERA  
FASENRA  
fluticasone/salmeterol  
formoterol  
INCRUSE ELLIPTA  
Inhaler and nebulizer assistive devices  
ipratropium/albuterol nebulizer solution

### ASTHMA/COPD (CONTINUED)

ipratropium nebulizer solution  
levabuterol nebulizer solution  
metaproterenol  
montelukast  
NUCALA  
OHTUVAYRE  
Peak flow meters  
QVAR REDHALER  
roflumilast  
Spirometers  
SPIRIVA HANDIHALER (tiotropium cap-inhaler)  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
SYMBICORT (breyna, budesonide/formoterol)  
terbutaline oral  
TEZSPIRE  
THEO-24  
theophylline  
theophylline ER  
TRELEGY ELLIPTA  
wixela inhub  
XOLAIR  
YUPELRI  
zileuton ER  
ZYFLO

### BONE DISEASE AND FRACTURES

ACTONEL (risedronate)  
ATELVIA DR (risedronate DR)  
BINOSTO  
DUAVEE  
EVISTA (raloxifene)  
FOSAMAX (alendronate)  
FOSAMAX D  
ibandronate oral  
RECLAST (zoledronic acid)

### CAVITIES

CLINPRO  
GEL-KAM  
periomed  
PREVIDENT  
sodium fluoride rinse, gel, cream, paste, tabs and drops

### COLONOSCOPY PREPARATION\*

gavilyte-c  
gavilyte-n  
GOLYTELY solution (PEG-3350/ electrolytes, gavilyte-g)  
sodium, potassium and magnesium sulfates

# 2025 CDH Preventive Medications - Standard Plus

## DEPRESSION

citalopram  
escitalopram  
fluoxetine  
fluoxetine DR  
fluvoxamine  
fluvoxamine ER  
PAXIL (paroxetine)  
PAXIL CR (paroxetine ER)  
sertraline

## DIABETES

### INSULINS

HUMALOG  
HUMULIN  
INSULIN GLARGINE-YFGN  
LYUMJEV  
SEMGLEE-YFGN  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA

### NON-INSULINS

acarbose  
ACTOS (pioglitazone)  
ACTOPLUS MET  
(pioglitazone/metformin)  
BYDUREON BCISE  
BYETTA  
CYCLOSET  
DUETACT (pioglitazone/glimepiride)  
FARXIGA  
glimepiride  
glipizide  
glipizide/metformin  
Glucometers  
GLUCOTROL XL (glipizide ER)  
glyburide  
glyburide/metformin  
glyburide micronized  
GLYXAMBI  
JANUMET

## NON-INSULINS (continued)

JANUMET XR  
JANUVIA  
JARDIANCE  
Lancets and lancing devices  
metformin  
metformin ER  
miglitol  
Misc. diabetic supplies (e.g. control  
solution, sensors, transmitters,  
insulin pumps and accessories,  
readers, pods, Tempo smart button)  
MOUNJARO  
nateglinide  
Needles  
OZEMPIC  
repaglinide  
RIOMET (metformin solution)  
RIOMET ER suspension  
RYBELSUS  
saxagliptin  
saxagliptin/metformin  
SITAGLIPTIN  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR  
Syringes  
Test strips  
TRIJARDY XR  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

### BLOOD THINNERS

aspirin, 81 mg\* & 325 mg  
aspirin/dipyridamole ER  
BRILINTA  
clopidogrel  
dabigatran  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
jantoven  
warfarin  
XARELTO  
ZONTIVITY

## CHOLESTEROL LOWERING

### HMG-COA REDUCTASE INHIBITORS\*

atorvastatin  
FLOLIPID suspension  
fluvastatin  
LESCOL XL (fluvastatin ER)  
LIVALO (pitavastatin)  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin  
ZYPITAMAG

### OTHER CHOLESTEROL LOWERING AGENTS

CADUET (amlodipine/atorvastatin)  
colesevelam  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
LOPID (gemfibrozil)  
NEXLETOL  
NEXLIZET  
NIACOR  
niacin  
niacin ER  
QUESTRAN (cholestyramine)  
QUESTRAN LIGHT  
(cholestyramine light, prevalite)  
REPATHA  
TRILIPIX (fenofibric acid DR)  
VASCEPA (icosapent ethyl)

### HIGH BLOOD PRESSURE (HBP)

### ACE INHIBITORS

ACCUPRIL (quinapril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
moexipril  
perindopril  
trandolapril  
VASOTEC (enalapril)  
ZESTRIL (lisinopril)

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## ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT  
(benazepril/HCTZ)  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

## ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

## ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ  
irbesartan/HCTZ  
losartan/HCTZ  
olmesartan/HCTZ  
telmisartan/HCTZ  
valsartan/HCTZ

## BETA BLOCKERS

acebutolol  
betaxolol  
bisoprolol  
CORGARD (nadolol)  
LOPRESSOR  
(metoprolol tartrate)  
metoprolol succinate ER  
nebivolol  
pindolol  
propranolol  
propranolol ER  
TENORMIN (atenolol)  
timolol

## BETA BLOCKER/DIURETIC COMBINATIONS

bisoprolol/HCTZ  
metoprolol/HCTZ  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)

## CALCIUM CHANNEL BLOCKERS

amlodipine  
CARDIZEM (diltiazem)  
CARDIZEM CD (cartia XT,  
diltiazem CD)  
CARDIZEM LA (diltiazem ER,  
matzim LA)  
felodipine ER  
isradipine  
nicardipine  
nifedipine  
PROCARDIA XL (nifedipine ER)  
SULAR ER (nisoldipine ER)  
TIAZAC ER (diltiazem ER, tiadylt ER,  
taztia XT)  
verapamil  
verapamil ER  
verapamil SR  
VERELAN PM (verapamil ER PM)

## DIURETICS

chlorthalidone  
DIURIL suspension  
hydrochlorothiazide  
indapamide  
metolazone

## OTHER HBP & COMBINATIONS

amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/telmisartan  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
Blood pressure monitors  
CADUET (amlodipine/atorvastatin)  
PRESTALIA  
trandolapril/verapamil ER

## MALARIA

ARAKODA  
chloroquine  
mefloquine  
MALARONE (atovaquone/  
proguanil)  
primaquine

## MIGRAINE PREVENTION

AIMOVIG  
AJOVY  
EMGALITY 120mg  
QULIPTA

## MISC ANTIVIRALS

APRETUDE\*  
BEYFORTUS  
DESCOVY\*  
emtricitabine/ tenofovir disoproxil  
fumarate (TDF) 200mg/300mg\*  
PREVYMIS  
SYNAGIS

## OBESITY

ADIPEX-P (phentermine)  
benzphetamine  
CONTRAVE  
diethylpropion  
diethylpropion ER  
IMCIVREE  
LOMAIRA  
phendimetrazine  
phendimetrazine ER  
PLENITY  
QSYMIA  
WEGOVY  
XENICAL  
ZEPBOUND

## SMOKING-CESSATION\*

bupropion SR 150mg  
CHANTIX (varenicline)  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum  
and lozenges)  
NICOTROL NS

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## **VACCINATION\***

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Anthrax, BCG, Chikungunya, Cholera, COVID-19, Diphtheria, Haemophilus Influenza B, Hepatitis A and B, Human Papillomavirus, Influenza, Japanese Encephalitis, Measles, Meningococcal, Monkey/smallpox, Mumps, Pertussis, Pneumococcal, Poliovirus, Rabies, Respiratory syncytial virus, Rotavirus, Rubella, Shingles, Tetanus, Tick-borne encephalitis, Typhoid, Varicella, Yellow Fever, Zoster

## **VITAMINS OR MINERALS**

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Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).**

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