



# A better way to manage blood pressure



Create lasting change with Omada® for Hypertension. **All at no cost to you.**

## What you'll get with Omada:

- ✓ A plan built around you
- ✓ Dedicated health coach
- ✓ Hypertension specialist
- ✓ Connected blood pressure monitor

## Do what works for you

Find healthy habits and routines that work for you.

## 24/7 access to support

From weekly lessons to online community, get all the tools you need to face any challenge head-on.

## You decide what 'healthy' means

Try new things you actually enjoy, rather than avoiding foods you "can't eat" or things you "shouldn't do."

## The best part?

If you are living with high blood pressure and are eligible, Huber will cover the entire cost of the program. This includes a connected scale and blood pressure monitor delivered right to your door—yours to keep!

It only takes a few minutes to get started:

[express-scripts.com/healthsolutions](https://express-scripts.com/healthsolutions)



New: Omada supports high blood pressure.

With Omada, there's a program for you



High blood pressure



Log in to get your exclusive access code and link to apply to Omada.