



Milk Shipping Financial Assistance Program

What's included in my milk shipping benefit?

Progyny Milk Shipping Financial Assistance Program supports all lactating employees, regardless of health plan enrollment, who need to ship breast milk during work-related travel. With this benefit you can expect to receive dedicated guidance from a Progyny Patient Care Advocate (PCAs) on managing the logistics of shipping breast milk and the steps required to apply for reimbursement.

As part of your Progyny benefit, your employer offers milk shipping financial assistance with reimbursement coverage up to \$500 per calendar year for expenses incurred to help absorb your out-of-pocket costs. Contact your PCA for more information on eligibility and reimbursement requirements, and to obtain a copy of your organization's milk shipping policy. You must meet eligibility requirements at the time of reimbursement.

Eligible expenses may include:

Packaging Supplies

- Insulated containers necessary to keep the breast milk cold during transit
- Gel packs/dry ice required to maintain the temperature of the breast milk
- Breast milk storage bags for sterile transport

Shipping Fees

- Costs associated with shipping breast milk via standard carriers (e.g., FedEx, UPS, etc.). This includes express or overnight delivery charges
- Optional insurance for the shipment to cover loss or damage during transit
- International shipping is permitted if necessary to ensure milk delivery to the infant

Breast Milk Shipping Service

- Fees for utilizing specialized breast milk shipping services and bundles (e.g., FedEx Milk Shipping)



How do I submit my reimbursement?

Your Milk Shipping Financial Assistance Program is administered by Progyny. When you're ready to get started, contact your PCA who will help facilitate reimbursement. You will submit a copy of any invoices with their corresponding proof-of-payment for eligible expenses. Once your request has been reviewed and processed, Progyny will mail your reimbursement check.

While your employer offers a milk shipping reimbursement, it may be considered a taxable benefit. Contact your PCA to learn more about tax treatment. You should also contact a trusted tax advisor for more information regarding the tax treatment of reimbursements under this benefit.

For more information on your Milk Shipping Financial Assistance Program, including eligibility requirements, contact your PCA at **(833) 215-5348**, or refer to your policy.