



A better way to manage blood pressure



Create lasting change with Omada® for Hypertension. **All at no cost to you.**

What you'll get with Omada:

- ✓ A plan built around you
- ✓ Dedicated health coach
- ✓ Hypertension specialist
- ✓ Connected blood pressure monitor

Do what works for you

Find healthy habits and routines that work for you.

24/7 access to support

From weekly lessons to online community, get all the tools you need to face any challenge head-on.

You decide what 'healthy' means

Try new things you actually enjoy, rather than avoiding foods you "can't eat" or things you "shouldn't do."

The best part?

If you are living with high blood pressure and are eligible, Huber will cover the entire cost of the program. This includes a connected scale and blood pressure monitor delivered right to your door—yours to keep!

It only takes a few minutes to get started:

express-scripts.com/healthsolutions



New: Omada supports high blood pressure.

With Omada, there's a program for you



High blood pressure



Log in to get your exclusive access code and link to apply to Omada.